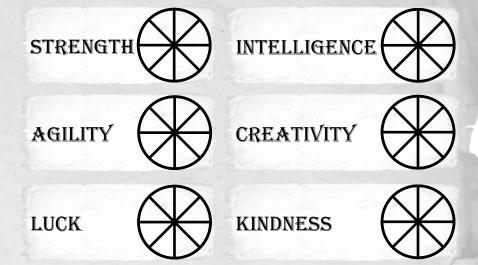
BUILD CHARACTER @ THE LIBRARY!

NAME:





Task 1 Task 2 Task 3



BUILD CHARACTER @ THE LIBRARY!

Complete activities in each character trait, and level up! Each time you complete an activity, color in a wedge on the front page. Share your activities or creations with a librarian and earn treats when you complete a trait. Come to the **North Branch in Clearfield** on **June 27th** to relive the eighties with games and activities.

Then on August 14th at the Kaysville Branch come play as your character and participate in a roleplay adventure!

STRENGTH

- Run or walk a race for a cause
- Do 15 curls (each arm) with your heaviest book
- Arm-wrestle a friend
- Swim the length of the pool and back
- Take a hike
- Read a book about a sport
- Do 10 push-ups
- Take the stairs instead of the elevator
- Lift weights
- Do 10 sit-ups
- Roll down a grass hill and climb back up (repeat 3 times)
- Do a pull up (or try your best)
- Do 10 squats
- Wrestle a bear (Teddy bear! Not the real thing!)
- Play a sport with friends for 20 minutes
- Your own STRENGTH activity _

AGILITY

- Complete 10 min. of voga
- Learn a dance (square, ballroom, line, etc.)
- Have a water balloon fight.
- Learn how to yo-yo (If already can, practice for 20 min.)
- Learn a new video game to improve handeye coordination
- Fly a kite
- Read a book about a ninja or spy
- Visit a park and play on the equipment
- Play tag with friends for 20 min.
- Practice typing on a keyboard for 10 min.
- Play in the rain and try to avoid the drops
- Learn how to juggle (If already can, practice for 20 min.)
- Stretch for 10 min. in the morning
- Play cat's cradle with a piece of string
- Your own AGILITY activity

INTELLIGENCE

- Download a digital book with Libby
- Read a non-fiction book
- Download the BookMyne app
- Use Auto Repair Source on the Library's site to find a replacement part for your/your parents vehicle
- Watch a documentary
- Complete a 500 piece puzzle of your choice
- Learn a magic trick
- Ask a relative what they loved/hated about a certain decade
- Use the Learning Express Library on the Library's site to start a Math Skills Review.
- Visit a museum or historic monument
- Watch a TED talk
- Study the constellations and spend an evening star-gazing
- Your own INTELLIGENCE activity ____

CREATIVITY

- Take a picture of a sunrise or sunset
- Make a movie
- Try a project in a "How To" book
- Color a coloring page
- Write a short story or poem
- Read to a child with fun voices
- Sew, knit, or crochet a pattern
- Sequins & Glitter! Use them
- Check out a cook book and prepare a tasty new dish
- Look for shapes in the clouds
- Read a fantasy or sci-fi novel
- Make up a new word and try to get friends and family to use it
- Re-create a childhood photo
- Take up a new instrument and learn to play two songs
- Your own CREATIVITY activity ___

LUCK

- Find a four-leaf clover
- Meditate for 10 min.
- Give a book to a friend
- Leave change in a vending machine for someone else
- Organize and fold the laundry in one of your drawers at home
- Share an overheard compliment
- Wash someone's car so it will rain the following day
- Follow the Library at facebook.com/ DavisCountyLibrary
- Introduce yourself to a librarian
- Lose a game of Rock Paper Scissors (hint: it's almost as hard to lose as it is to win)
- Go without electronics for one whole day
- Learn to say "Good Luck!" in 7 languages
- Your own LUCK activity

LANGUAGE

- Use the Mango language resource on the library website and complete the "Introductions" module for a language
- Create an account on app.prenda.co and complete a coding module
- Find a someone who speaks a foreign language and have them teach you 5 phrases
- Watch a movie in another language
- Create a website or game with a coding language
- Read a book in a second language
- Try writing some characters from another language (Chinese, Greek, Korean, etc.)
- Your own LANGUAGE activity

HOBBIES

- Watch a youtube video to learn something more about your hobby
- Read a book about a hobby
- Share your hobby with a friend
- Attend a convention or group meet-up (with parent permission)
- Ask someone about their hobby and learn what you can from them
- Research what career paths can grow from your hobby
- Take your hobby outside and have fun in the sun
- Attend a library program
- Your own HOBBIES activity

KINDNESS

- Let a child read to you
- Hold a door for a stranger
- Organize a neighborhood cleanup
- Offer to do yardwork for someone that can't
- Donate used clothing or books
- Write down 10 things you are grateful for
- Recommend a book to a friend
- Write a letter to a family member
- Take the time to listen to someone's prob-
- Complement someone vou've never met
- Baby/dog sit for free
- Volunteer in your community
- Make or buy a treat and give it to a friend
- Grow fruits or veggies and share them with a neighbor
- Help around the house without being asked to
- Your own KINDNESS activity

